Creating Safe Spaces: Thoughts on Bullying in School

Bullying plays a big part in schools nowadays. It can seriously affect students and the way they think or act. The side effects that bullying has on students are anxiety, depression, and low self-esteem. I think that there should be more discipline in school when bullying is occurring, like setting rules to help the bullying stop or change. Duke Law School gave a list of things you can do to prevent bullying. They should tell parents about their kids bullying others. As well as notifying the parents of the student who is getting bullied. The student's peers should tell one of the teachers when the bullying is happening. Bullying is a very common thing now in school because students want to have a higher social status and their peers accept them.

According to Stopbullying.gov, bullying affects about 19.2% of students ages 12-18 enrolled in grades 6-12. Students should not have to go through bullying at any age. School should be an enjoyable and safe place where they are comfortable. PACER Center stated that "Bullying can affect the way that students learn. That should not be acceptable in the classroom.

Most schools should have an anti-bullying policy. If bullying is happening, the staff should take charge to stop the bullying and tell the guardians about the bullying that is happening. Stopbullying.gov stated that in their information. Talkingpoints.org talks about how parents should be involved with the schoolwide bullying prevention, which is a good way to put the bullying to a stop. I 100% agree with that statement because students who are doing the bullying will see how involved the parents are with the bully prevention. When a bully threatens someone, the student usually does what the bully tells them to do instead of just walking away from the situation. Which no students should have to go through this. Dubuque Community School District talks a lot about students engaging with the bully, telling them what to do. The Pew Research Center stated that around two in ten middle and high school students said that they were bullied. No student should have to go through being bullied at school by their peers.

TODAY.com stated that anti-bullying programs can reduce bullying activity by 19 to 20 percent. That is wonderful for the kids who have to go through the bullying. More people should start more anti-bullying programs so we can be at peace in school and all be equal with each other. It would really impact others and make people feel safe in their environment. As well as make parents feel okay to send their children to school and not be afraid of what their children have to go through at school. That is why bullying needs to be stopped not only for parents but for students as well.